

Want your toddler to swim? Swimming lessons for 3 - 6 year olds

- Small classes
- High energy and lots of fun
- Water safety and confidence a priority
- Core swimming skills are taught in a progressive and fun way
- No arm bands, but woggles, floats and Swimfins used when necessary

For 3 and 4 year olds (pre-school), you will be involved in teaching them to swim. By being in the pool with your toddler, you have the opportunity to learn the correct techniques, enabling you to help develop their swimming skills outside of the swimming lessons. It also gives you quality time with your toddler.

4 - 6 year olds (school age) are in the water on their own. I will instruct them from poolside and in the water, explaining and demonstrating correct techniques, ensuring they are happy and confident and are able to understand and achieve the activities taught.

I am a fully qualified STA (Swimming Teachers Association) swimming instructor and am currently teaching 0-3 year olds for WaterBabies (www.waterbabies.co.uk) alongside teaching 3 - 6 year olds independently.

Each lesson is $\frac{1}{2}$ hour long and takes place on a Monday afternoon (between 1pm - 6pm) and a Wednesday afternoon (between 3.45pm - 6.15pm), at The Gateway School in Tiffeld (approx 2 miles north of Towcester). On Thursdays between 11am-12noon at Cripps (next to hospital) in Northampton. The course runs every half term - each course is normally 6 weeks. Cost: £48 for 6 lessons.

Interested or just want further information? Then please visit www.jumpinandswim.co.uk or contact Judith at the Jump In & Swim School on 01327 861015 or 07886 712233 or email info@jumpinandswim.co.uk

